

# careif 2009

## International Conference



### Sport, Education & Culture: promoting health, wellbeing and positive identity for young people

Wednesday 11<sup>th</sup> November 2009

Barbican Centre, London

[www.careif.ukevents.org](http://www.careif.ukevents.org)

### Welcome

As the President of *careif 2009*, it is my pleasure to invite you to attend the *careif 2009* International Conference in London, UK, on Wednesday 11<sup>th</sup> November 2009.

This day conference is an excellent opportunity for you to join friends and delegates from around the world to enjoy, explore and promote mental and physical health, wellbeing and positive identities for young people through sport, education and cultural practice.

Together we will celebrate and share knowledge about cultural resilience, wellbeing and positive identities. Young people will participate in all aspects of the conference which will include educationalists, sports personalities and researchers, sports medicine specialists, educational psychologists, sports psychologists, teachers, practitioners in mental health care, policy makers, managers, and leaders in health promotion. It will therefore be a great opportunity both to learn from the conference speakers and to learn from each other.

We would like very much to count you among the conference participants as with your participation we can make a change for the next generation.

**Professor Kamaldeep Bhui MD FRCPsych**  
President of *careif 2009* International Conference

### Conference Aims

- To bring together young people, researchers, practice experts, and policy makers to make and prioritise effective strategies that promote young people's safety, development, mental health and wellbeing
- To synthesise knowledge on the role of sport, education and cultural practice in improving citizenship, leadership, wellbeing and mental health
- To use this knowledge in order to foster integrated approaches to young people's health and wellbeing
- To discuss how to engage young people in a dialogue on how to improve their wellbeing, mental health, safety, and how to achieve their future aspirations
- To explore and promote a better appreciation of the role of culture, identity and citizenship as a form of positive capital for a global family of young people.

Detailed programme listed overleaf

### Venue

The *careif 2009* International Conference will be held at the Barbican Centre in the heart of the City of London. The Barbican Centre is an iconic landmark on the City's skyline and is an ideal venue for the *careif 2009* International Conference, due to its diverse creative history.

The Barbican Centre is easily accessible by UK and international visitors alike. The local road, rail and public transport network make it possible to enjoy all the sights and experiences of this lively Capital.

### Registration fees

The registration fee includes access to all scientific sessions, all conference materials, entry to the exhibition, refreshments and lunch.

**Early bird deadline - 24<sup>th</sup> September 2009**

Early bird standard - £210.00  
Early bird student\* - £190.00  
Early bird delegate from a developing country\*\* - £110.00

Standard - £240.00  
Student\* - £220.00  
Delegate from a developing country\*\* - £140.00

\*Concessionary rates will apply to students. Claims will be assessed on an individual basis and any final decision regarding eligibility will be made at the discretion of the organisers.

Registration forms from delegates claiming a concessionary rate must be accompanied by a letter from the Head of Department or Supervisor, clearly stating the delegate's current position.

\*\*Delegates from developing countries are entitled to a reduced registration fee. For clarification on the World Bank list of developing countries please contact the Secretariat.

### How to register

To register on-line for the Conference please visit [www.careif.ukevents.org](http://www.careif.ukevents.org). Alternatively a hard copy form can be requested from the Conference Secretariat or downloaded from the Conference website.

In Association with:

The Barbican Centre

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# CONFERENCE PROGRAMME

09.30 - 10.00

## OPENING CEREMONY

09.30 - 09.45 **Welcome to the careif vision**  
Professor Kamaldeep Bhui  
President of careif 2009, UK

09.45 - 10.00 **Tribute to the role of sport in education and mental wellbeing for young people: Tai-Chi, Kung Fu demonstration and lecture**  
Paul Lockyer, Martine Niven and a youth demonstration team from Natural Healing, UK

10.00 - 11.00 Chair: Lord Victor Adebowale, Patron of careif, UK

## OPENING ADDRESS

**Sport and the Games: the Legacy for Young People's Wellbeing**

**THE RT HON. TESSA JOWELL, MP**

Minister for the Olympics (*invited, awaiting confirmation*)

11.00 - 11.30 *Coffee*

11.30 - 12.30

## PARALLEL SESSIONS

Parallel 1 Performance & Education Chair: Dr Albert Persaud, UK	Parallel 2 Educational & Health Innovations Co-Chairs: Professor Manuel Carballo, Switzerland & Professor Kwame McKenzie, Canada	Parallel 3 Sports Impacts Co-Chairs: Dr Engilbert Sigurðsson, Iceland & Professor Alan Swann, USA
<p>1.1 <i>Natural Healing</i> Mental, emotional &amp; physical wellbeing in young people, through the practice of Chinese philosophy and martial arts P Lockyer &amp; M Niven, UK</p> <p>1.2 <i>DOST - Trinity Centre</i> Sailing: a positive intervention for vulnerable young people T Magecha, UK</p>	<p>2.1 Social and health outcomes from recovery programmes for young people with mental health problems JA Larsen &amp; CL Street, UK</p> <p>2.2 Developing a preventative mental health service model for young people in a London Borough K Marlowe &amp; S Murguia, UK</p> <p>2.3 The homelessness of the mentally ill: the old-new issue WK Abdul-Hamid, S Kotwal, S Stansfeld, UK</p> <p>2.4 Developing a peer-led health promotion programme S Gunn, S Audrey &amp; R Campbell, UK</p>	<p>3.1 The Olympic Games and cultural diversity C Chen, UK</p> <p>3.2 Evaluation of sports initiatives for ethnic children A Michelsen la Cour, Denmark</p> <p>3.3 Sport, education and culture D Ndetei, Kenya</p> <p>3.4 Maturity assessment of elite and non-elite adolescent male and female athletes SJ Hemmings, JG Morris, LA Barrett, ME Nevill, UK</p>

12.30 - 13.30 *Lunch*

13.30 - 14.30

## PLENARY LECTURES

13.30 - 14.00 Chair: Dr Annie Cushing, Barts and The London School of Medicine and Dentistry Queen Mary University of London, UK

**Sharing Knowledge, Changing Lives: young cultural warriors from Britain and Brazil**

Professor Paul Heritage, Professor of Drama and Performance, Queen Mary University of London and Director of People's Palace Projects, UK

14.00 - 14.30 Chair: Professor Mark Johnson, Professor of Diversity in Health & Social Care, De Montfort University, UK

**Thinking like Young People: Impulsivity and Regulation**

Professor Alan Swann, Pat R. Rutherford Professor and Vice Chair for Research at the University of Texas Medical School, USA

14.40 - 15.40

## PARALLEL SESSIONS

Parallel 4 Performance Health & Wellbeing Co-Chairs: Professor Paul Heritage, UK & Dr Zoe Hudson, UK	Parallel 5 Innovations Co-Chairs: Professor Manuel Carballo, Switzerland & Dr Engilbert Sigurðsson, Iceland	Parallel 6 Cultural Knowledge Co-Chairs: Professor David Ndetei, Kenya & Professor Goffredo Bartocci, Italy
<p>4.1 The Well London programme focuses on communities with the lowest levels of health and wellbeing, running a range of educational, sports and cultural projects that work with local people to transform their health P Heritage, UK</p>	<p>5.1 <i>Kids Company</i> The keyworking relationship through the arts and sport with young people J Caldwell, D Gustave, UK</p> <p>5.2 <i>Mental Health Helpline Partnership (MHHP)</i> Telephone helpline for population mental health F Kerr, UK</p> <p>5.3 A recruitment initiative for Psychiatry. How can we win hearts and minds? R Suren, H Bruce, N Bass, K Murgatroyd, UK</p>	<p>6.1 Don't tell Mom that I'm bicultural R Bennegadi &amp; U Kalil, France</p> <p>6.2 The development of religious tolerance in primary school children S Dein, UK</p> <p>6.3 Sport and Art: cultural rehabilitation opportunities for young people with mental health problems in Uganda L Blanks, UK</p> <p>6.4 Transforming talk: a dialogical approach to anti-discrimination education for adolescents ER Lindley, UK</p>

15.40 - 16.10 *Coffee*

16.10 - 17.00 Co-Chairs: Diana Bass, King's College London, UK & Professor Kamaldeep Bhui

## CLOSING ADDRESS

**Leadership on and off the field**

**MR MICHAEL BREARLEY, OBE**, Psychoanalyst and current President of the British Psychoanalytic Society and former England cricket captain



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